

Bedrock - Building confidence in God block by block

Memory Verse: "Those who trust in the Lord will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak." Isaiah 40:31 NIRV

DAY 1

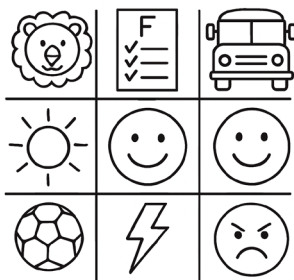
Read Daniel 6:22 NIRV

"Daniel answered, 'My God sent his angel. And his angel shut the mouths of the lions. They haven't hurt me at all. That's because I haven't done anything wrong in God's sight. I haven't done anything wrong to you either, Your Majesty.'"

Daniel didn't hide his love for God. He talked to God three times a day, even when a new law said he shouldn't. He chose to trust God no matter what, even when Daniel was thrown into a den full of hungry lions! That would be scary, but Daniel knew something important. He knew God was with him.

God is with you, too! You might not face lions, but you might feel nervous during a test, worried when you're sick, or shy when trying something new. When life feels scary, remember Daniel's story. You can have confidence because God never leaves you. God gives you courage to face hard things.

Circle the pictures that show when you might need God's courage!



DAY 2

Read Daniel 6:10 NIRV

"Daniel found out that the king had signed the order. In spite of that, he did just as he had always done before. He went home to his upstairs room. Its windows opened toward Jerusalem. He went to his room three times a day to pray. He got down on his knees and gave thanks to his God."

Daniel's faith wasn't something he only showed to people outside his home. He talked to God at home, too, every day, no matter what. Even when he knew he could get in trouble for it, Daniel didn't stop. That's how much Daniel trusted God!

God wants to be with you every day, everywhere. When you talk to God and read about Him in the Bible, you build confidence, just like Daniel did. The more you do it, the easier it is to remember that God is always close...at home, at school, everywhere.

Make a "I can talk to God" Window Sign. Take a piece of paper and draw a big heart in the center. Inside the heart, write the words "I can talk to God!" Around the heart, draw or write different places where you can talk to God, like "at bedtime," "on the bus," "in my classroom," or "at Grandma's house." Color your sign and tape it on your bedroom window or mirror to remind you that you can always talk to God.

DAY 3

Read 1 Thessalonians 5:17 NIV

“Never stop praying.”

What’s something you do every day? Maybe brush your teeth, make your bed, or feed a pet? Those are habits. Daniel had a habit of talking with God three times a day. He didn’t stop. Even when people told Daniel to stop praying to God, he kept going.

That habit helped him stay strong. Even when he didn’t know what would happen, he trusted that God was near. That’s why daily habits with God are so powerful; they remind us we’re not alone and God is always close.

What if you made it a habit to talk to God every morning or read one Bible verse after school? Over time, you can build big confidence and remind yourself that God is with you in every part of life, especially when things feel hard or confusing.

What is one new habit you could start that helps you feel close to God? Start doing it! It doesn’t have to be a big thing. It could just be praying in the morning for 5 minutes, reading a Bible verse at lunch, or singing a worship song. You can begin today!

DAY 4

Read Isaiah 41:10 NIV

“So do not be afraid. I am with you. Don’t be terrified. I am your God. I will make you strong and help you. I will hold you safe in my hands.”

When Daniel was thrown into the lion’s den, it looked really bad. But Daniel wasn’t alone. God sent an angel to shut the lions’ mouths and protect Daniel all night long. God is with you, too! Even when you feel scared, lonely, or unsure, God is right there beside you. He’s not just with you on your best days. He’s with you on your hardest days, too.

Maybe it’s the first day at a new school or your first day on a new team or playing a new sport. Or maybe someone you care about is sick. Or maybe you’re just having a tough day and need a hug. You can remember this: God’s got you. He sees what you’re going through and promises never to leave you.

God is strong and kind. He listens when you talk to Him. You can tell Him anything. Just like Daniel, you can pray and trust God, no matter what.

“Dear God, thank You for always being with me. Help me remember You are near, even when things feel scary or hard. I want to trust you more and more. In Jesus’ name, Amen.”



God is always with you.